

Recipe

Danelle's Sweet Cream of Potato Soup

- 1 qt vanilla soy milk
- 1 ½ tsp cardamom
- 2 tsp All-Spice
- 2 C Mexican cheese blend
- 4 small red potatoes
- 4 large carrots
- 4 celery stalks
- 1 tsp salt

Dice the vegetables and boil in soy milk with the spices. After the potatoes are tender, remove from heat and add the cheese.